



TOPIC 1: Deakin Graduate Learning Outcomes 6 Self-management. What is meant by 'self-management'?



Siti understands that one key challenge in teaching and learning is designing curriculum that leads students to learn independently and to adopt self-regulation strategies. She would like to design an assessment task for her first year unit that explicitly focuses on introducing these graduate learning outcomes. First of all she makes herself familiar with some of the principles and practices around teaching (and learning) skills in self-management

What is meant by 'self-management'?

The Deakin Graduate Learning Outcome 6 describes 'self-management' *as working and learning independently and taking responsibility for personal actions.*

For example, according to the Deakin Course Enhancement Guide, this learning outcome integrates the following AQF Bachelor level 7 criteria by requiring students to:

Demonstrate the application of knowledge and skills as well as applying the knowledge and skills to demonstrate autonomy by:

- Showing initiative and judgment in planning, problem-solving and decision making in professional practice and/or scholarship in contexts that require self-directed learning
- Showing responsibility and accountability for own learning and professional practice (and in collaboration with others) within broad parameters to provide specialized advice and functions

According to Biggs and Tang (2007), this autonomy translates to learning independently (as an undergraduate and later as a practitioner in the field), and, how to adapt what you know and continue to learn, to new problems. As Biggs and Tang say, 'Action-learning for life, if you like' (p 149).

Reference: Biggs, J. and Tang, C. (2007) *Teaching for quality learning at university*, 3rd edition, McGraw-Hill: NY.

What Now?

Siti identifies three key self-management skills she wants to emphasise in her revised assessment task. These are study skills (organization), information literacy and reflective self-direction.

What might her assessment task look like? Topic 2 presents some ideas.

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